



Thumpers, Cottontails (2 - 3.5 years) Parent & Child Classes

Thumpers classes are a fun, adult-interactive class that is more advanced than Bunnies that continues to build on fundamental skills. Parents and kids, lead by one of our instructors, play organized games together to develop listening skills, balance, ball skills and foot-eye coordination. Thumpers is the ideal next step for Bunnies veterans who are not yet old enough for the Hoppers level, and a perfect introduction to Lil' Kickers for new players who are just barely 3 years old.

- Thumpers classes are 50 minutes long.
- Child/Coach Ratio 12:1 (with parents on the field)

Cottontails classes are partially adult-interactive. This class is designed to be a transitional class for those children who are not yet ready to be on the field without their parent but need more of a challenge than Thumpers. Cottontails classes also offer another component-helping your child build a sense of independence. As children progress through the session and become ready for more independence, parents can choose to transition to a less active roll in the class, helping them to transition into Hoppers classes.

- Cottontails classes are 50 minutes long.
- Child/Coach Ratio 12:1 (with parents on the field when appropriate)

DEVELOPMENTAL MILESTONES	2-3.5 YEARS
Social-Emotional	<ul style="list-style-type: none"> • Shy • Plays alongside peers rather than with peers • Possessive (doesn't fully understand the concept of sharing) • Easily frustrated • Needs transitions from one activity to the next
Cognitive	<ul style="list-style-type: none"> • Increased curiosity and understanding of how things work, asks a a lot of why questions • Improved memory, can follow 2-step directions (will still need help with execution) • Improved language • Building a sense of independence • Counts • Better sense of self control, though still impulsive
Physical	<ul style="list-style-type: none"> • Can walk up and down stairs • Can walk on tip toes • Can walk backwards, kick a ball forward • Hops on one foot • Can throw ball overhead and attempt to catch large balls • Experiments through senses (touch, taste, smell, etc.)